












Snack Suggestions	Monday	Tuesday	Wednesday	Thursday	Friday
<ul style="list-style-type: none"> * 100% Fruit Juice box * Cheese cubes & strawberries * 1 tortilla, 1/4 c. refried beans * Hummus & raw veggies * Boiled egg & raw veggies 	02	03	04	05	06 Closed for Fall Break 
 <ul style="list-style-type: none"> * French toast sticks & berries * Grilled cheese & orange juice * Cantelope * Graham crackers & fruit yogurt * 1/2 banana, 1 waffle 	09 	10	11	12	13 Closed for Fall Break 
<ul style="list-style-type: none"> * 1/2 c. cereal & milk (Chex, Kix or Cheerios) * 1/2 oz. string cheese & wheat crackers * 1 1/2 oz. granola bar * 1/2 c. rice pudding * 1/2 bagel & cream cheese 	16	17	18 Sonshine Parent Group 8-8:30am Chapel 	19	20 Chapel  Pizza Day 
 <ul style="list-style-type: none"> * 1/2 c. goldfish * 1 slice Pumpkin bread * 1/2 c. apple sauce * 1/2 c. cottage cheese & pineapple * 1 oz cream cheese & graham crackers 	23	24	25 Pizza Day  Chapel 	26	27 Chapel 
 <p>Please remember our NUT FREE policy!</p>	30	31 Fall Costume Parade & Family Breakfast 8:45am 	01 Chapel 	02	03 Chapel  Pizza Day 
	06	07	08	09	10

Notes