

# October

Calendar Month

# 2020

Calendar Year



Snack Suggestions	Monday	Tuesday	Wednesday	Thursday	Friday
<ul style="list-style-type: none"> <li>* 100% Fruit Juice box</li> <li>* Cheese cubes &amp; strawberries</li> <li>* 1 tortilla, 1/4 c. refried beans</li> <li>* Hummus &amp; raw veggies</li> <li>* Boiled egg &amp; raw veggies</li> </ul> 	28	29	30	01	02
 <ul style="list-style-type: none"> <li>* French toast sticks &amp; berries</li> <li>* Grilled cheese &amp; orange juice</li> <li>* Cantelope</li> <li>* Graham crackers &amp; fruit yogurt</li> <li>* 1/2 banana, 1 waffle</li> </ul>	05	06	07	08	09 <b>Closed for Fall Break</b> 
<ul style="list-style-type: none"> <li>* 1/2 c. cereal &amp; milk (Chex, Kix or Cheerios)</li> <li>* 1/2 oz. string cheese &amp; wheat crackers</li> <li>* 1 1/2 oz. granola bar</li> <li>* 1/2 c. rice pudding</li> <li>* 1/2 bagel &amp; cream cheese</li> </ul> 	<b>Closed for Fall Break</b>  				
 <ul style="list-style-type: none"> <li>* 1/2 c. goldfish</li> <li>* 1 slice Pumpkin bread</li> <li>* 1/2 c. apple sauce</li> <li>* 1/2 c. cottage cheese &amp; pineapple</li> <li>* 1 oz cream cheese &amp; graham crackers</li> </ul>	12	13	14	15	16
	19	20	21	22	23
	26	27	28 	29	30 
<p><b>Please remember our NUT FREE policy!</b></p>	02 <b>November</b>	03	04	05	06

Notes