

Sonshine Preschool

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www.Sonshineprek.org

(520)885-1045

FALL BREAK

SONSHINE WILL BE CLOSED BEGINNING FRIDAY,

OCTOBER 9th- FRIDAY OCTOBER 16th

WE WILL RETURN TO SCHOOL MONDAY OCTOBER 19th

HAVE A FUN AND SAFE FALL BREAK!

Fall Classroom Celebrations

Wednesday October 28th and Friday October 30th

Sonshine children will be celebrating fall within their classrooms this year. They will have a snack, play games, and go trick or treating at each classroom and the school office. **Instead of wearing a costume, we are asking the children to wear fall colors on these two days!**

WORSHIP

Worship is an important part of our day at Sonshine Preschool. Each classroom has the opportunity to learn about God's love for them at their age appropriate level. In September we have learned who God is and about His love and care for us. We have been singing these songs: God Made Me, We Were Made to Love the Lord, Praise Him, God is Three in One, The Lord is My Shepherd.

In October we review how Adam and Eve disobeyed God and weren't able to walk and talk with God in the garden anymore as a consequence for disobeying. We will learn that God sent Jesus to earth to forgive our sin and make a way for us to have a



Upcoming Events

Friday October 9th-Friday

October 16th

Closed for Fall Break

Wednesday & Friday,

October 28th & 30th

Fall Classroom Celebrations

October 26th-November 6th

Parent Teacher Conferences
via Zoom

Wednesday November 11th

Closed for Veteran's Day

Wednesday November 25th

Closing at 12:30 pm

Thursday November 26th &

Friday November 27th

Closed for Thanksgiving



relationship with God. Some of our songs will be: Oh, I Love Him, In His Arms, My God is So Big, and Shine!

Many of you have been asking about the songs that we sing at worship. Soon we will video the children singing in worship and put it on You Tube for all of you to see! You will be able to learn the songs and sing along with your children in the car!

Brenda K Drost, Director

More Important News

Drop-Off & Pick-Up Thank you for following our traffic pattern and working together with us to keep the children safe. 1. Please remember to drive slowly through the parking lot, coming and going. 2. When dropping off your Ladybug or Butterfly child, please pull up to the next available numbered spot with your front bumper parallel to the orange cone. This allows us to unload 2 vehicles at once at drop-off and load 6 vehicles at once during pick-up. **Please do not pull out and around other vehicles. As the cars in front of you move forward to leave, you may follow.**

Let's keep shining together!!

Help Us Grow!!! Our enrollment numbers are slowly increasing. We are currently at approximately 60% of our enrollment level in March of 2020. You can help us by spreading the word that we have openings available and can provide Covid safe tours between 5:00-5:30 pm each day. Please encourage those who are interested to visit our website, sonshineprek.org for pricing, Covid Protocols, and program information. Tours can be scheduled by calling the office at 520-885-1045.

Nut Allergy & Nutrition Update

Sonshine Preschool is a **"NUT FREE" environment**. This means that we will not allow anything with peanuts, tree nut products, or items that have been processed where nut products MAY have been processed. Please do not send snacks or lunch with any food which contains nuts. If your child does bring one of these items, it will not be opened or served. It will be returned home in your child's lunch box with a reminder note. **Nutrition** is also important for your child's growing body and mind. Staff have noticed lately that children's lunches are containing more and more processed snack foods. Please encourage your child to eat well balanced, healthy snacks and meals by sending an item from each of the 5 food groups in their lunch boxes each day. You may find a reminder in your child's lunch box from time to time reminding you to include healthy foods. Let's work together to keep all of our children safe at school. If you have any questions or concerns about this policy, please feel free to contact Ms. Brenda.

Our Preferred Payment Methods

We are happy to offer the convenience of automatic payments and online payments



REMIND... a free text messaging service that helps Schools, Teacher's and Families communicate quickly and efficiently. **Please let us know if you need help joining your child's Remind class.**

From our Teacher's Corner. . .

Butterflies It's finally fall, ya'll! Or, at least according to the calendar it is! Thanks to you and your wonderful children for sweating out a hot September with us. As we move in to October, your children will (fingers crossed) be noticing some changes in the weather, and some fun discovering new things about pumpkins, fall, and BATS!

Ladybugs September found us learning all about safety. We talked about safety inside and outside, as well as fire and water safety. Our unit concluded with Never Talk to Strangers! The children have learned some good lessons. **We continue to work on** learning our daily routine, good manners and school rules. All the children are making progress. **As we enter October** we focus our discussions on the fall season and have some fun Fall activities planned.

Fireflies - What a fun month it will be! Fall is here and it will be filled with lots of fall projects and messy, hands on activities. Remember to dress for mess. We will be learning the colors black, yellow, and orange, and the rectangle shape.

Busy Bees - The year has gotten off to a great start and the kids are doing so well. Everyone is really starting to know our daily routines, which gives us more time for fun projects. More projects mean we will also get messy so please remember to dress for mess. **We are starting to learn about fall,** pumpkins, the color orange, and the circle shape. **Thank you all** for your support in getting diapers and wipes to us when your child needs them as well as having them all labeled!

FALL PARENT/TEACHER CONFERENCES will take place October 26 through November 6. These conferences will take place via Zoom. Please watch for a Sign-Up Genius email to schedule time with your child's Teacher!

Immunization Update

The state requires an annual immunization report from our center in November. If your child has received immunizations since you submitted your copy to us, please provide Amanda with an updated copy. If you are notified that your child requires further immunizations to continue enrollment, please make your doctor's appointment, and provide the updated copies as soon as possible. Compliance is required within 2 weeks of notification. Thanks!

Happy Birthday to You!

Kaden Arriaga

Adeline Topping

Ms. Malory





What is the Empower Program?

The AZ Department of Health Services developed the Empower Program in 2010 as a program to support licensed ECE facilities' efforts to empower young children to grow up healthy. Today, the Empower Program reaches more than 200,000 children in licensed early care and education facilities throughout Arizona. Empower has won numerous awards for being a best practice.

Each month we will feature one of the Standards of Empower in our newsletter to help you as you grow healthy children in your family. This month our Standard is **Physical Activity**. At Sonshine your child has the opportunity to play and use their large muscles outside for one hour each day. Children who attend the Full Day program are outside one additional hour. During this time the children may use the play structure, trikes and scooters, soccer and other balls, balance beam, and participate in other small group gross motor activities. Please see the ideas below for physical activities at home.

WHY IS IT IMPORTANT FOR MY CHILD TO BE ACTIVE AND PLAY?

Children learn through play.

Play helps them get along with others.

Play helps them learn new skills and use their imagination.

Play helps them learn about words, feelings and thoughts.

Seeing and doing new things helps your child's brain to grow.

HOW CAN I MAKE ACTIVITY FUN AND ENCOURAGE MY CHILD TO PLAY?

Your child will enjoy spending time with you! Find activities that you both enjoy.

Be a role model for your child. Your child will watch you and want to be like you.

Encourage your child to play outside every day. Fresh air is good!

Children need planned activities as well as free play.

Arrange for your child to play with other children often.

Playing With Your Toddler & Preschool Child

Your child can do these activities:

Catching, tumbling, dancing, galloping, skipping, kicking, crawling, tossing, climbing, throwing, rolling, hopping.

The skills that your child learns by playing will give him/her confidence: Celebrate your life together. Take time to play together.

Play with Toys:

Light-weight hand paddles, hula hoops, beach balls/large balls, tricycles, jump ropes, light-weight bats and balls, brooms, rakes, toy cars and trucks, blocks.

Things at home to play with:

Plastic coffee can lids (Frisbee™), aluminum foil (make a ball), empty boxes or baskets, newspaper balls, sock balls, dress-up clothes, run through a sprinkler.

Games to play:

Dance to music, hopscotch, leap frog, hide-and-seek, jump rope.

ACTIVITIES TO DO WITH YOUR CHILD**Marching Band**

Make some instruments using:

Dry beans in an empty container with a lid to shake (oatmeal box, coffee can). Wooden spoons to bang on pots. Rubber bands, stretched over containers, and pull on them to make sounds.

Make-Believe Walk

Help your child pretend to walk through different places:

In the forest, on the moon, in the jungle, on hot sand, through the snow, in the mud.

Indoor helping activities

Pick up toys, help make beds, help dust furniture, help feed and care for pets, help clean floors, carry laundry, help grocery shopping.

Outdoor helping activities

Help walk the dog, help clean up the yard, help garden, help wash the dog, help wash the car, take walks.

Do you ever have a question regarding your child and don't know who to ask? Check out the Southwest Human Development's Birth to Five Helpline, Arizona's toll-free resource for parents, caregivers and professionals who have questions or concerns about the development of children ages birth to 5.



We're excited to launch the all-new **Birth to Five Helpline app!**

The Birth to Five helpline app allows you to easily **one-click call, text or email the Birth to Five Helpline** early childhood specialists directly from your phone.

Plus, you can visit **BirthToFiveHelpline.org**, donate or visit the Southwest Human Development and First Things First websites directly from the app!

The best part? Once the app is downloaded on your phone, there is no need to memorize the phone number!

DOWNLOAD THE APP TODAY!

PARENT BUSINESS CONNECTION

Would you like to place your business card in our Parent Connection section of our monthly newsletter? We distribute this newsletter to current and new prospective parents. The fee is \$10.00 per month for a business card ad, or \$35.00 for a business card ad for 4 consecutive months. We have limited space. If you would like to advertise in our next newsletter, please see Amanda, or call the office at 885-1045.